

HEALTH CARE TRANSITION among youth with intellectual and/or developmental disabilities

What is health care transition (HCT)?

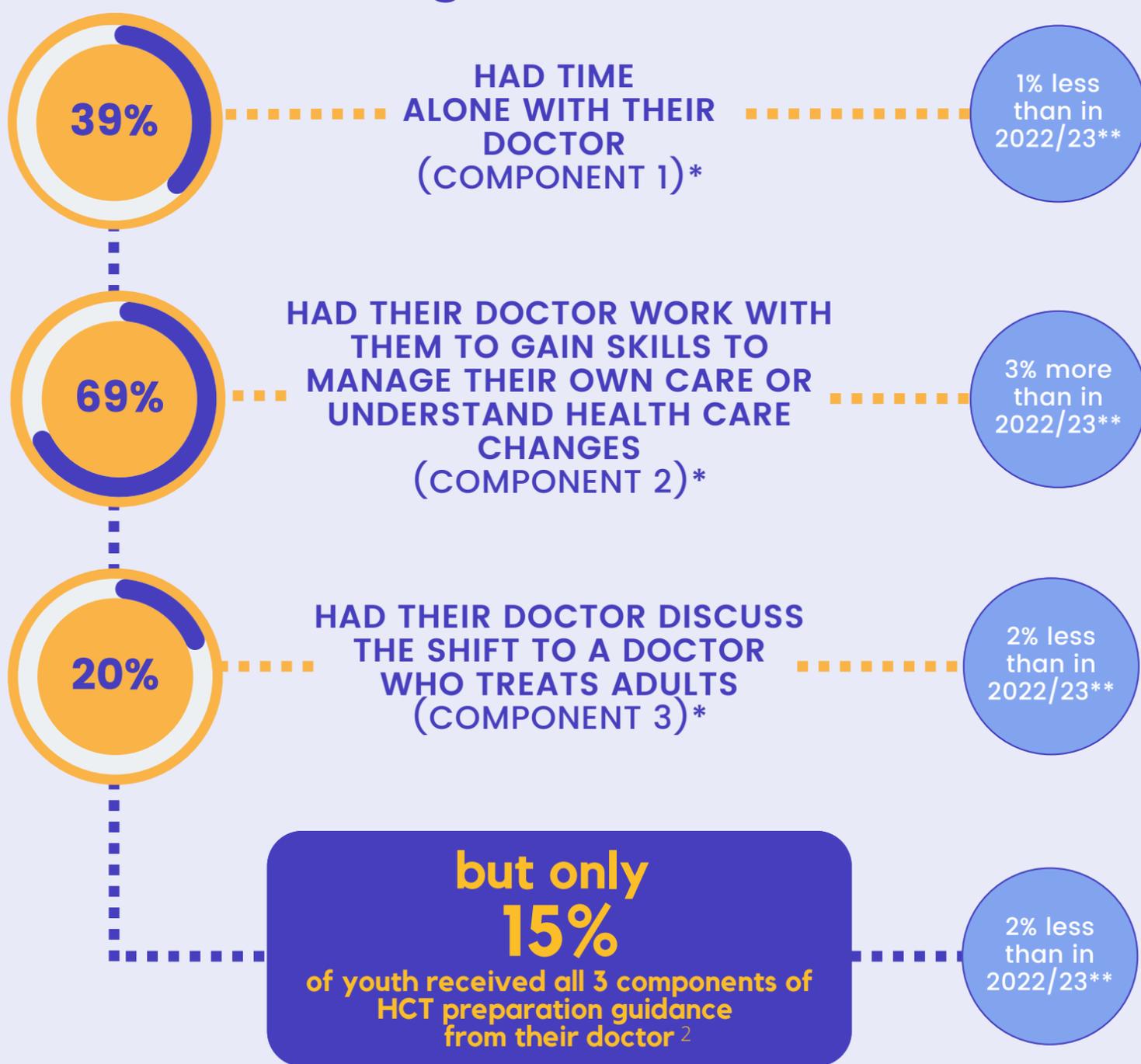


- HCT is the process of moving from a pediatric to an adult model of health care
- The goal of HCT is to learn skills to manage your own health and health services, with support

What is the prevalence of intellectual and/or developmental disability (ID/DD) among youth?

In 2023/24, 7% of youth, ages 12-17, had ID/DD¹

In 2023/24, how many youth, ages 12-17, with ID/DD received HCT preparation guidance?



*This data is from the 2023-2024 National Survey of Children's Health (NSCH). The respondent to this questionnaire is a parent or guardian who is living in the home and has knowledge of the sampled child. ID/DD in this data is defined to include any current experience of autism or autism spectrum disorder (ASD), cerebral palsy, developmental delay, Down syndrome, epilepsy or seizure disorder, intellectual disability, learning disability, speech or language disorder, and Tourette syndrome.

**Differences from 2022/23 are not statistically significant.

1. Bethell CD, Gombojav N, Sherwood A. Findings on prevalence of youth with intellectual or developmental conditions using the 2023-2024 NSCH. CAHMI, Data Resource Center for Child and Adolescent Health supported by Cooperative Agreement U59MC27866 from HRSA/MCHB, December 12, 2025.

2. Bethell CD, Gombojav N, Sherwood A. Findings on Title V youth transition to adult care performance measures using the 2023-2024 NSCH. CAHMI, Data Resource Center for Child and Adolescent Health supported by Cooperative Agreement U59MC27866 from HRSA/MCHB, December 12, 2025.

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Center for Transition to Adult Health Care for Youth with Disabilities